Name/Period: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Quarter One Reflection

**Directions:** Last quarter, you have made great strides, and you have grown tremendously both academically and personally. Now is the perfect time to reflect on your accomplishments and failures and to set future goals.

**What are three specific *academic* goals you had for quarter one? Did you reach them? Explain.**

**What are three specific *social* goals you had for quarter one? Did you reach them? Explain.**

**What are three specific *personal-growth* goals you had for quarter one? Did you reach them? Explain.**

**Who supported you to reach your goals (academic, social, or personal)? If no one did, whose supported would you like to have had?**

**What is ONE failure you experienced in quarter one? What lessons did you learn from that failure?**

**Share one strategy that you use to release stress.**

**Share ONE effective time-management strategy you used last quarter? What made this strategy effective?**

**What song captures your feelings about quarter one and why?**

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| **Write down 3 personal- growth goals for quarter 2.** | **Write down 3 academic goals for quarter 2.** | **Write down 3 social goals for quarter 2.** |
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**What song captures your plans for quarter 2 and why?**